



Sports and fitness for a lifetime.

AG Mini-Camps

December Holiday Camp (Ages 4-12)

December 19-23, 2011

December 27-30, 2011 (4-5 Years Old Only)

8:45am - 3:15pm

Cost: \$115 per day

Pre- and After-Camp Available

This ultimate holiday camp offers a variety of recreational activities, suitable for children of all ability levels. Campers that enjoy sports, swimming, having fun, and learning new skills will have an incredible week!

February Fun Camp (Ages 4-12)

February 20-24, 2012

8:45am - 3:15pm

Cost: \$115 per day; \$500 five days

Pre- and After-Camp Available

Five full days of fun! This mini-camp offers a variety of recreational activities, suitable for children of all ability levels. Campers that like sports, swimming, having fun, and learning new skills will have a terrific time!

March Madness Camp (Ages 4-12)

March 19-23, 2012

March 26-30, 2012

8:45am – 3:15pm

Cost: \$115 per day; \$500 five days

This mini-camp offers a variety of recreational activities, suitable for children of all ability levels. Campers that like sports, swimming, having fun, and learning new skills will have a blast!

Spring Fling Camp (Ages 4-12)

April 9-13, 2012

8:45am - 3:15pm

Cost: \$115 per day; \$500 five days

Pre- and After-Camp Available

Five full days of fun! This mini-camp offers a variety of recreational activities, suitable for children of all ability levels. Campers that like sports, swimming and learning new skills will have a fantastic week as we welcome spring!

Jump into Summer Camp (Ages 4-12)

June 11-15, 2012

June 18-22, 2012

8:30am - 3:30pm

Cost: \$125 per day; \$550 five days; \$1,000 ten days

Pre- and After-Camp Available

If your child can't wait for Summer Day Camp to begin, this camp is for you. This program offers all the fun and activity of day camp including basketball, soccer, swimming, martial arts, gymnastics, and games. Based on our successful day camp schedule, this mini-camp will give your camper the chance to start the summer fun early.

AG Elite Sports Camps

AG Elite Soccer Camp (Ages 7-14)

February 20-21, 2012

March 26-30, 2012

April 6, 2012

June 18-22, 2012

9:00am – 3:00pm

AG Elite Soccer Camps are designed for the focused soccer athlete. Dedicated to total player development, we carefully select our staff to offer the best in soccer training. From specialized speed and agility training to tactically-focused small sided games, these camps offer a training environment that challenges all players to achieve their best.

AG Elite Basketball Camp (Ages 7-14)

December 27-30, 2011

February 22-24, 2012

March 19-23, 2012

9:00am – 3:00pm

Take it to the hoop! Learn key skills to improve your dribbling, passing and shooting at our AG Elite Basketball Camp. Girls and boys work on individual and team skills, game warm-up and sports conditioning which will enhance their performance in games.

AG Elite Baseball Hitting Camp (Ages 7-14)

December 27-30, 2011 (HALF-DAY PROGRAM)

9:00am-1:00pm

Specifically designed to develop hitting abilities, this AG Elite Baseball Camp focuses on swing mechanics, bat speed and the ability to make contact. Each camper also receives a Swing Analysis DVD and video analysis comparing their swing from the beginning to the end of camp, complete with personalized tips, to take home. This camp also features baseball specific workouts, pool time, and video analysis of top pros' swings.

AG Elite Baseball Camp (Ages 7-14)

March 26-30, 2012

April 9-13, 2012

June 11-15, 2012

9:00am-3:00pm

Hone your skills in throwing, pitching, fielding and hitting. The camp will cover all aspects of the game including: positional play, hitting, base running, and game situations. Hitters will work on their bat speed, swing mechanics, and ability to make contact. Fielders will work on their body and glove positioning, fielding mechanics and throwing skills. Pitchers will work on increasing their velocity and improving their accuracy and reducing the risk of arm injuries. The camp will feature baseball-specific workouts, drills, stations, and game play.

AG Elite Football Camp (Ages 7-14)

December 27-30, 2011

June 18-22, 2012

9:00am – 3:00pm

Players in our AG Elite Flag Football Camp take their fundamental skills in passing, rushing and receiving to the next level while also focusing on defensive and offensive schemes. Camp emphasizes small group activities and team games to improve overall football performance.