

BULLDOG

READY

EQUIPMENT:

NONE

SET-UP:

SQUARE OR RECTANGLE BOUNDARY

NUMBER OF STUDENTS: 10 +

TIME: 15 MINUTES +

EXPLAIN

- 1 Line up! 1 person is the Bulldog.
- 2 The Bulldog will call out "Bulldog, Bulldog, 1, 2, 3."
- 3 When you hear this you must run to the other side without getting tagged.
- 4 If you are tagged you become a Bulldog too.

√ For Understanding:

- Point to where you are running to.
- What does the Bulldog say?

GAME TIP:

 Have the Bulldog use different call outs to make sure the students are listening.

CONFLICT RESOLUTION TIP:

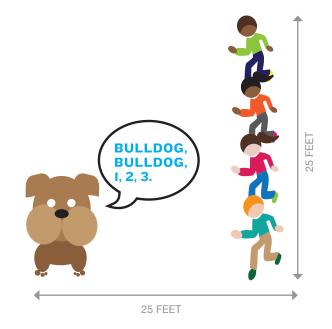
Have students practice tagging each other with 2 fingers.

INDOOR TIP:

Have the Bulldog whisper the call outs.

PLAY → REPIT OUT!

- **EASY:** Have the tagged students freeze in place.
- MEDIUM: Have 2+ Bulldogs.
- HARD: Have students hop instead of run.



CATEGORY:

TAG

ENVIRONMENT:

SMALL PLAYGROUND

GRADES:

K-2

FITNESS FOCUS:



BACK-UP GAMES:

COOKIE MONSTER
RAINBOW TAG
ZOO ANIMALS

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