## R <br> EADY

EQUIPMENT:
NONE
SET-UP:
SQUARE OR RECTANGLE BOUNDARY
NUMBER OF STUDENTS: 10 +
TIME: 15 MINUTES +

## EXPLAIN

1 Line up! 1 person is the Bulldog.
2 The Bulldog will call out "Bulldog, Bulldog, 1, 2, 3."
3 When you hear this you must run to the other side without getting tagged.

4 If you are tagged you become a Bulldog too.
$\checkmark$ For Understanding:

- Point to where you are running to.
- What does the Bulldog say?


## GAME TIP:

- Have the Bulldog use different call outs to make sure the students are listening.


## CONFLICT RESOLUTION TIP:

- Have students practice tagging each other with 2 fingers.


## INDOOR TIP:

- Have the Bulldog whisper the call outs.


## $\mathbf{P}_{\text {LAY }} \rightarrow$ REPIT OUt!

EASY: Have the tagged students freeze in place.
〇 MEDIUM: Have 2+ Bulldogs.
HARD: Have students hop instead of run.

CATEGORY:

ENVIRONMENT:
SMALL PLAYGROUND

## GRADES:

K-2

FITNESS FOCUS:


BACK-UP GAMES:

