

ULTIMATE TAG

READY

EQUIPMENT:

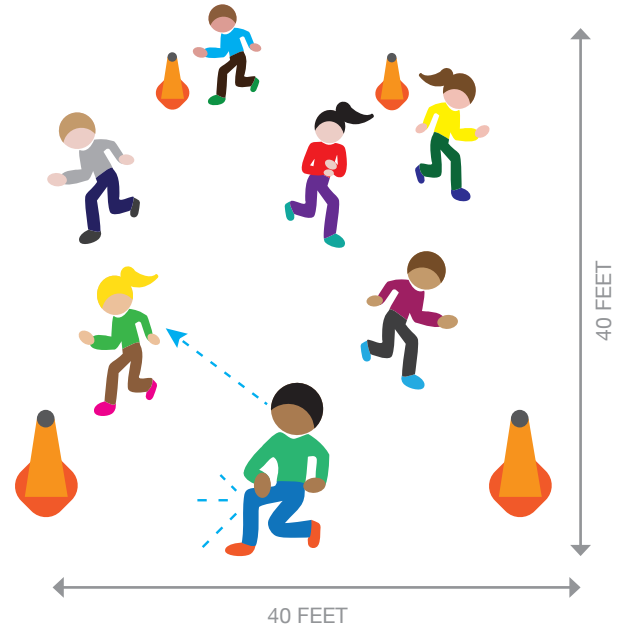
4 CONES

SET-UP:

SQUARE OR RECTANGLE BOUNDARY

NUMBER OF STUDENTS: 20+

TIME: 15 MINUTES +



EXPLAIN

- 1 Everyone is “it.”
- 2 Tag with 2 fingers above the waist.
- 3 When you’re tagged, take a knee, and watch who tagged you.
- 4 When that person is tagged and takes a knee, you’re back in the game!
- 5 Keep playing until you’re tagged again.

✓ For Understanding:

- How many fingers do you tag with?
- Who do you watch when you are tagged?

GAME TIP:

- Use students to demonstrate the rules of the game.

CONFLICT RESOLUTION TIP:

- Help students rejoin the game by giving them a high-five.

INDOOR TIP:

- Switch to walking or skipping to slow the pace.

CATEGORY:

TAG

ENVIRONMENT:

LARGE PLAYGROUND

GRADES:

3–5

FITNESS FOCUS:



BACK-UP GAMES:

BAND AID TAG
 CAPTURE THE FLAG
 HULA HOOP TAG

PLAY → REP IT OUT!

- **EASY:** Tag on the shoulder *only*.
- **MEDIUM:** Tagged students must stand on 1 leg.
- **HARD:** Tagged students must run in place.