

# WINTER POOL SCHEDULE

// BATTERY PARK CITY CAMPUS  
// JANUARY 3 - MARCH 6, 2026

## RECREATIONAL SWIM (LAP POOL OR TEACHING & EXERCISE POOL)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		SUNDAY
T/E POOL	T/E POOL	T/E POOL	T/E POOL	T/E POOL	T/E POOL	LAP POOL	T/E POOL
	8am - 9am Family Rec.		8am - 9am Family Rec.				
12pm - 1pm Adult Rec.		12pm - 1pm Family Rec.		12pm - 1pm Adult Rec.			
					3:30pm - 5pm Family Rec.	3:30pm - 5pm Family Rec.	
	7pm - 8pm Family Rec.		7pm - 8pm Family Rec.				5pm - 6:30pm Family Rec.

### POOL AVAILABILITY KEY:

Adult Recreational Swim
Family Recreational Swim

### FAMILY REC SUPERVISION REQUIREMENTS:

Children that can't stand with their mid-chest, head, and chin out of the water, must always be within arm's length of an actively involved adult caregiver who is in the water with the child; or be wearing a properly fitted United State Coast Guard (USCG) approved personal flotation device (PFD).

During recreation times, children 8 years of age and under must have a designated guardian(over the age of 18) supervising them in the pool area.

Children ages 9-12 may be in the pool area without an on-deck supervising adult, but a supervising adult MUST remain in the pool-viewing area and easily accessible in the event of emergencies.

### LANE SWIMMING TIPS:

- One lane in the Lap pool can safely and comfortably accommodate 6-8 swimmers.
- Practice circle swimming by swimming on the right side of the lane at all times.
- For safety, we recommend waiting until you reach the wall to pass swimmers.
- Always enter the pool feet first - no diving.
- If you would like to know the exact number of lanes available for your swim time, please call (212) 298-2900 x2882.